



**Coastal Virginia Community Rowing (CVCRowing)
Spring 2022 Registration Form: Returning Rowers**

Complete this document if your rower is returning from Winter Training, otherwise use the New Rower Registration package.

Season: February 22 - May 13, 2022
Practice Days: Monday thru Friday: 2/22/22 to 5/13/22
Practice Times: 4:30 p.m. – 6:45 p.m.

Training Location: Thalia Municipal Launch Dock, 333 Thalia Rd, Virginia Beach

Cost: \$675.00 by check **Registration & Payment are due by:** 2/20/2021
Note: Regatta fees will be billed separately, if athletes are selected to race.

Individual Gear Required: running shoes, spandex shorts (midhigh or longer), light layers for weather, tight fitting shirt

Mail registration checks to: CVCRowing, P.O. Box 66385, Virginia Beach, VA 23466 (An invoice will be sent via TeamSnap.)

*****Tax deductible donations:** may be mailed to the P.O. Box above (memo-donation)

Please complete this document, and the documents below. Submit all forms to cvcrowing@gmail.com in order to confirm your athlete’s registration.

You will receive an invitation to **TeamSnap** via email - all athletes and at least one parent/guardian *must* sign up for TeamSnap which is used for communications, scheduling and many other activities.

Refund Policy: Refunds will not be provided after the start date of the camp (2/22/2022)

Rower Name: _____ School: _____ Grade: _____

Height: _____ Weight: _____ (lbs).

Age: _____ Date of Birth: _____

2k Results: _____ 5k Results _____ 6k Results _____

Rower Email: _____ Rower cell phone: _____

Parent/Guardian Name: _____ Parent/Guardian Email: _____

Parent cell phone: _____



Please complete this document, and the documents below. Submit all forms to cvcrowing@gmail.com in order to confirm your athlete's registration.

Please initial next to each of the following bullets:

- Inclement Weather: _____ (initial here)
 - Morning Practices: Updates will be posted to the website by 6:30am, indicating whether or not practice will occur.
 - Evening Practices: Updates will be posted to the website by 3:00pm, indicating whether or not practice will occur or if a practice location changes.
- Personal Absences: _____ (initial here)
 - Make-up sessions are not available for practices missed due to personal reasons. However, we encourage each participant to reach out to the coaching staff for a workout they can complete independently.
- Refunds: _____ (initial here)
 - Refunds will not be provided after the start date of the season (2/22/2022).
- Attendance at pre and post equipment / Maintenance Day(s) is required _____ (initial here)

- Paperwork and USRowing Membership Completed: _____ (Initial here)
 - CVCrowing Liability Waiver, Rev. Nov 2021
 - Covid-19 Liability Waiver, Rev. Nov 2021
 - Acknowledgement of Risk and Insurance Statement (Part 1 & Part 2), Rev. Jan 2021
 - Photo/Video Consent Release Form, Rev. Jan 2021
 - **USRowing membership: Basic (local regattas) / Competitive for travel regattas**
 - Swim Acknowledgement

Athlete's Name: _____

Parent/Guardian Name (print name): _____

Parent/Guardian (Signature): _____